

Reflective Journals

Self-Direction Prompts

- I work best when....
- I do my best on activities that...
- I like to work with others when...
- The thing I like best about this is.....
- The most interesting part of this project is...
- I would like to learn more about...
- I wish I could improve on...
- I need to work on...
- The hardest thing for me to do is...
- I need help with...
- When I don't understand something, I...
- Before I start to work on a project, I...
- When I need to study, I...
- When I want to remember something, I...
- I learned that I could...
- I am good at...
- I have learned how to...
- I can help others with...
- I want to work on...
- I want to learn how to...
- I plan to get help with...
- I am going to take responsibility for...

Prompts: (for elementary and middle school students)

- This week I learned..... (ask students to create a concept map here as a variation)
- How well did you work with others in your group? What role did you take and how did it go?
- What helped or hindered you in learning today?
- Reflect on your progress and your efforts, areas of strength and weakness and provide specific examples.....
- What areas have you really improved on over the past week?
- What is challenging you right now? Why? What are your ideas for overcoming it?
- What is puzzling you?
- Write three questions you still have, two "ahas", and one suggestion for improvement.
- What is your opinion about....Why do you feel that way?
- Connect what you learned today to
- What thinking skills did you use today?
- What are you learning about yourself from working on this project?
- What do you still want to know more about? How will you find out?

Prompts: (for primary students)

- What did I do? I worked on.....
- What did I already know? I knew that
- What did I learn? I learned that....., I learned how to....., Give examples
- What do I still need help with? I can't figure out....., It was really hard to....
- What do I want to know more about? I still have questions about.....